



## **About Christine Carter, Ph.D.**

A sociologist and happiness expert at UC Berkeley's Greater Good Science Center, **Christine Carter, Ph.D.** is the author of "RAISING HAPPINESS: 10 Simple Steps for More Joyful Kids and Happier Parents." Dr. Carter also writes a blog for Greater Good, which is syndicated on the Huffington Post and PsychologyToday.com. Carter has helped thousands of parents find more joy in their parenting while raising happy, successful and resilient kids. Known for her parenting and relationship advice, Carter draws on psychology, sociology, neuroscience, and uses her own chaotic and often hilarious real-world adventures as a mom to demonstrate the do's and don'ts in action.

After receiving her B.A. from Dartmouth College where she was a Senior Fellow, Dr. Carter worked in marketing management and school administration, going on to receive her Ph.D. in sociology from UC Berkeley. Her first book, "The Other Side of Silence," is one of the most frequently stolen books out of university libraries. Dr. Carter has been quoted in *Women's Health* and *Parenting* magazines, *The New York Times*, *Los Angeles Times*, *USA Today* and dozens of other publications. She has appeared on the "Oprah Winfrey Show," the "Rachael Ray Morning Show," "The Daily Show with Jon Stewart," "CBS Sunday Morning," "ABC World News with Diane Sawyer" and NPR.

Carter loves to speak to parents, grandparents, and teachers. She has been a key-note speaker at hundreds of schools and professional groups. In 2010, she received an award from the Council on Contemporary Families for her outstanding science-based reporting on family issues. Dr. Carter teaches parenting classes online throughout the year to a global audience on her web site [www.raisinghappiness.com](http://www.raisinghappiness.com).

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